

# Reset Adrenals Bootcamp

With Dr. Saxena

Get Meal Plan, Recipes, Shopping Lists, The Health Journal, Live Calls, Facebook Group & More!



Feeling exhausted? Can't sleep? Not enjoying life the way you used to? Your adrenals may need to be reset! Dr. Deepti Saxena is proud to invite you to her exclusive Bootcamp for a vibrant New You!

## 4 Results in 97 Days



### Beat Fatigue

Feel energized and vibrant, like never before



### Better Memory

No more embarrassing forgetful moments



### Look Younger

Feel younger, get to target weight



### Feel Calmer

Less anxiety, better sleep, feel rejuvenated

## 6 Benefits Of The Reset Adrenals Bootcamp



### Wake Up Rejuvenated

Get better sleep by following our recommendations to calm your nervous and hormonal systems. Especially effective if you're stressed.



### Reduce Brain Fog

Feeling spaced out and fuzzy headed? We can fix that by optimizing energy delivery to your brain!



### Beat Cravings

Are you a sugar addict? Or are salty spicy chips your midnight downfall? Either way, healing your adrenals will end you being a slave to cravings.



### No More Fatigue

Do you feel exhausted even after a full night's sleep? Struggling to get through the day despite caffeine? That bone-chilling tiredness is your exhausted adrenals. This Bootcamp heals them, giving you boundless energy.



### Optimal Bodyweight

Reaching your optimal body weight is effortless with our Bootcamp if you follow our meal times and recipes! No cravings, no complex planning, just easy weight loss for life.



### Enhanced Sex Life

Don't let your tired Adrenals take away your joy of sex. Our Bootcamp revitalizes your adrenals to bring back your mojo!

## Here's Everything You Get:

- ✓ Complete Access to the Exclusive Reset Adrenals Website for 97-days
- ✓ 14 Day Recipes Including Breakfast, Lunch, Dinner and Drinks to Transform Your Health
- ✓ Daily Emails for 14 Days Structuring Your Meals, Movement & Mindfulness
- ✓ 3 Hours+ Group Calls with Dr. Saxena – Only Available in this Bootcamp
- ✓ Lifetime Access to Private Facebook Group, Where Reena and Dr. Saxena are Members
- ✓ Live Support and Coaching Calls with the Reset Adrenals Team
- ✓ Bonus #1 – Dr. Deepti Saxena's Exercise Program
- ✓ Bonus #2 – Shopping Lists and Recipes for the Recommended Meals
- ✓ Bonus #3 – A Printable Health Journal to Track Your Progress
- ✓ A No-Questions-Asked 5-Day Money-Back Guarantee

**JOIN TODAY!**

**\$97 for 97 days**

help@healthbootcamps.com

www.healthbootcamps.com/list

<http://bit.ly/2Z8KW6I>

