

PROFESSIONAL TRAINING PROGRAM IN MIND-BODY MEDICINE



October 11-15, 2018
Turf Valley Resort
Ellicott City, MD

*"This professional training has literally
changed the way I look at, think about,
and advise every patient I see."*

- Stephen Fisher, MD
Family Physician, Bridgeport, CT

TRANSFORM YOUR LIFE • YOUR PRACTICE • YOUR COMMUNITY

cmbm.org/mbm

TEACHING THOUSANDS TO HEAL MILLIONS



Over the last 26 years, CMBM has provided its groundbreaking **Professional Training Program in Mind-Body Medicine** to more than 6,000 health professionals, educators, and community leaders around the globe. They, in turn, have integrated CMBM's model into their communities, teaching thousands to heal millions. CMBM has supported population-wide trauma relief programs in the Balkans, the Middle East, and Haiti, with New York City firefighters post 9/11, in post-Katrina New Orleans, on the Pine Ridge Indian Reservation in South Dakota, in post-Harvey Houston, and with war traumatized U.S. veterans.



James Gordon, MD
Founder & Executive Director
The Center for Mind-Body Medicine

LEARN

The science and techniques of mind-body medicine and integrate what you learn into every aspect of your practice – and your life.

EXPERIENCE

The depth and power of our unique small Mind-Body Skills Groups (MBSGs) approach.

CONNECT

With our renowned faculty of experts and a larger community of clinicians, educators, and leaders around the world who share a mutual commitment to long-term, sustainable healing and well-being.

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**Scholarships, group discounts & CEUs
are available.**

The New York Times

“The New York Times called CMBM’s model “...the most comprehensive of all [treatments]...and the one with the strongest evidence that it works to cure PTSD.”